

PAPER

THE ROLE AND IMPORTANCE OF MUSIC IN CHILDREN'S LIVES

Soliev Abdusalom Rakhimovich^{1,*}

¹Teacher of the Department of Music Education and Culture of the Faculty of Pedagogy, Psychology and Art History of Fergana State University

* soliev@gmail.com

Abstract

This article discusses how music finds its way to a child's heart, strongly influences the child's inner world, and serves as an important factor in spiritual development. Music for children is not only a means of rest or entertainment, but also a significant educational factor that supports their intellectual, emotional, and social growth. Through songs, musical games, and rhythmic movements, children gain a deeper understanding of the surrounding world and learn to express their feelings. At preschool age, music develops a child's speech, memory, and attention, while also forming aesthetic taste.

Key words: Music, child, heart, inner world, strong influence, spiritual development, important factor, intellectual, emotional.

Childhood is considered the most delicate and important period in human life. It is at this stage that the child's personality, worldview, emotional world, and creative abilities are formed. Children are naturally emotional, impressionable, and prone to the pursuit of beauty. Therefore, art, especially music, occupies a special place in their upbringing. Music finds its way to a child's heart, strongly influences their inner world, and serves as an important factor in their spiritual development.

Music is not only a means of rest or entertainment for children, but also an important educational factor that serves their mental, emotional, and

social development. Through songs, musical games, and rhythmic movements, children gain a deeper understanding of the world around them and learn to express their emotions. Especially in preschool age, music develops a child's speech, memory, and attention, shaping their aesthetic taste. Today, the importance of music in the upbringing of children is growing even more. In the modern education system, music lessons are aimed at ensuring the comprehensive development of the child. Therefore, the scientific and practical study of the role and significance of music in children's lives is one of the urgent tasks.

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Music is an important educational and developmental factor in children's lives. Children perceive music naturally, quickly become interested in it, and express their feelings through melody. Music has a profound impact on a child's inner world, enriching their emotional state, evoking a positive mood, and ensuring mental stability. In this regard, music plays an important role as an effective pedagogical tool in the upbringing of children. Music also has a great influence on a child's mental development. In the process of listening to and singing songs, the child's memory, attention, and thinking develop. Memorizing song lyrics increases children's vocabulary and helps them improve their speech. In particular, the sense of rhythm and melody strengthens the child's ability to think logically and listen.

The aesthetic significance of music in children's lives is also invaluable. Music shapes a child's sense of beauty, interest in art, and creative thinking. Through singing, dancing, and participating in musical performances, children demonstrate their abilities. This increases their self-confidence and activity. At the same time, through national songs, a sense of respect for national values and patriotism is formed in children. Music also plays an important role in a child's physical development. Rhythmic movements, dance elements, and musical games develop a child's coordination of movements, agility, and balance. Such activities strengthen the child's health and increase their interest in a healthy lifestyle.

Through this, the child grows up active, mobile, and energetic. Music also plays an important role in the social development of children. Singing songs collectively and participating in musical games teaches children cooperation, mutual respect, and friendship. They acquire important social skills, such as self-control in a group, listening to others, and maintaining order. This makes it easier for children to adapt to subsequent stages of education.

In general, music has a multifaceted significance in children's lives, ensuring their spiritual, mental, physical, and social development. Through music, a child's creative potential is revealed and a solid foundation is created for their development as a well-rounded individual.

In raising children as comprehensively developed individuals, special attention should be paid to

their emotional, intellectual, social, and spiritual development. Music plays an important role in this process. Music is not only a form of art, but also an important pedagogical tool that directly influences a child's consciousness, worldview, and upbringing. This article analyzes the role and importance of music in children's lives.

The influence of music on the emotional development of a child's life is enormous.

Psychologists emphasize that a child's emotions are diverse and delicate. Music plays a key role in shaping and expressing these feelings. While cheerful, lively melodies inspire the child, quiet music calms them. Children express their mood through music and learn to understand the feelings of others. This serves the formation of such human qualities as empathy, kindness, and compassion.

If we pay attention to the connection between music occurring in a child's social life and mental development, modern neuropsychological studies have proven that music has a positive effect on brain activity. The development of musical abilities in children enhances their attention, memory, analytical abilities, and quick thinking. For example, the perception and repetition of musical rhythm also activates the child's logical thinking. Therefore, in many preschool and primary education systems, music lessons are even integrated into mathematics and language lessons.

If we consider the role of music in moral and social education in a child's development, music is also an important tool in a child's moral and social upbringing. Through songs, children are instilled with such values as kindness, honesty, kindness, and patriotism. Collective musical activity – participation in a choir, ensemble, or musical drama – teaches the child to work in a team, cooperate, and act with a sense of responsibility. This type of creative activity contributes to the formation of social competencies in children.

If we consider the influence of music on the development of a child's creativity and speech, it strengthens the child's imagination and creative potential. By listening to songs, children expand their vocabulary, memorize songs, and improve their speech. Especially through poetic songs, a child acquires skills such as understanding poetry, feeling rhythm, and correcting pronunciation. Also, musical-theatrical games develop the child's

behavior on stage and speech culture.

The role of music in the process of national upbringing is very important in the development of a child. Musical heritage is the spiritual wealth of every nation. Introducing children to national songs, traditional melodies, and international music fosters a sense of national identity, respect for culture, and history. Through music, children are brought closer to national values, self-awareness, and are raised as individuals open to world culture. The role of music in children's lives is invaluable. It is not only an interesting and meaningful means of recreation, but also an important educational factor that shapes a child's personality, enriches their thinking and worldview.

Therefore, strengthening the role of music in the education system, early identification and development of musical abilities of each child is of great importance. Music is an integral part of children's lives and plays an invaluable role in their spiritual, mental, and physical development. Music enriches a child's inner world, forming a sense of beauty, creativity, and emotional stability. Impressions received through music in childhood have a positive impact on a child's worldview and behavior throughout their entire life.

Also, music classes support children's speech development and strengthen their memory and attention. Singing and participating in musical games teach children to work in a team, mutual respect and solidarity. This ensures their easy adaptation to social relations. In children's lives, music is not only a means of aesthetic education, but also an important foundation for the development of a child as a person. A child raised through music becomes spiritually rich, creative, and actively engages with life. Therefore, paying special attention to music lessons in the education of children is of great importance in the upbringing of a harmoniously developed generation.

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